



Gautam Jani

+91 6354 051 487

fitnesswithgomzi@gmail.com

About Me

- Founder and director FGIT
- Position - Head Tutor For Personal trainer course & Nutritionist course
- Mr. Gautam is a civil engineer. By passion he is a dietitian and had started practising it in the year 2016.
- He is the founder of fitnesswithgomzi firm established in 2018.
- He has achieved many certificate from ACSM, ISSA and VLCC.

Education

B.E Civil engineer

Diploma in ditetices - VLCC

Certified personal trainer - AIICP

Certified marathon Trainer - ACSM

Certified sports dietitian - VLCC

Experience

2 years working as a Personal trainer at JS Fitness surat

1 Year working as Dietitian C.B Patel Gym and Mahavir Hospital

4 years Working and running Consulting services at fitnesswithgomzi

2 years working as Educator in FGIT



Foram Desai

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foramdesai29@gmail.com

About Me

- Founder and director FGIT
- Position - Headtutor for Nutritionist course
- Ms. Foram is a sport dietitian and Taekwondo 4 Dan Black Belt holder.
- She is the founder of Fitnesswithgomzi established in 2018.
- She is an International coach and National referee. She has an experience of 10 years coaching Taekwondo at S.D. Jain School.
- She has achieved certificates from ACSM, ISSA and VLCC. She is the best dietitian in Surat.

Education

M.A with HINDI

Diploma in dietetics - VLCC

Certified marathon Trainer - ACSM

Certified sports dietitian - VLCC

4th DAN BLACK BELT IN TAEKWOND

SARDAR PATEL SENIOR AWARD WINNER

Experience

10 years working as a Taekwondo coach

- National referee
- International coach

1 Year working as Dietitian Mahavir Hospital

4 years Working and running Consulting services at fitnesswithgomzi

2 years working as an Educator in FGIT



Nitin Patel

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nt_patel09@rediffmail.com

About Me

Mr. Nitin Patel is a photographer expert. He started personal training and gym since 2018.

He is also an owner of gym and a franchisee owner of fitnesswithgomzi.

He has given diet and exercise plan to many of his clients and all are very happy with their achieved results.

Junior Tutor at FGIT
(Certified personal trainer course)

Education

12th Commerce

Certified Nutritionist - FGIT

Certified personal trainer - FGIT

Graphic Designer (DTP)

Experience

3 years working as a freelancing Personal trainer

3 years Working and running Consulting services at Fitnesswithgomzi

1 Year working as Coach for Personal trainer batch at FGIT

12 years in Graphic Design, Photo & Video Editing